

Since Royal Adeel opened in 1985,  
we have welcomed countless number of loyal customers  
through our doors. A testament to loyalty, and to our popularity  
throughout the Black Country was the award we received from  
Beacon Radio for being voted number one Balti Restaurant  
in the West Midlands.

Not only do we pride ourselves on serving high quality  
food but also the fact that we are sensitive to health issues.  
We use low fat oils in all our cooking and source the fresh  
produce available, ensuring you get a healthy balanced meal

All dishes are cooked in our cast iron Balti dishes and  
served sizzling hot.  
Please be extremely careful when dinning with children

*All the staff at Royal Adeel welcome you.  
Thank you for your custom*

**ROYAL  
ADEEL**

Established since 1985

**BALTİ RESTAURANT & TAKEAWAY**

[www.royaladeel.co.uk](http://www.royaladeel.co.uk)

Free Wi Fi Available  
Free car park at front of the restaurant  
Fully Air Conditioned

We accept all Major Debit/Credit Cards

Design & Print by NN Daya 0121 449 6757

Established since 1985

**BALTİ RESTAURANT & TAKEAWAY  
PIONEERS OF BALTİ**





# Starters

(Please ask if salad is required)

<b>Poppadum (Lightly Spiced)</b> (V)	<b>£0.90</b>	<b>Mutton Tikka</b> (Portion)	<b>£6.50</b>
<b>Sheek Kebab</b> (each)	<b>£1.80</b>	<b>Tandoori Fish</b> (Hake) contains bones	<b>£6.50</b>
Minced herbs & spices grilled on charcoal			
<b>Samosa (Meat)</b> (each)	<b>£1.50</b>	<b>Prawn Puree</b>	<b>£5.95</b>
<b>Samosa (Vegetable)</b> (each) (V)	<b>£1.20</b>	<b>Aloo or Chana Chaat</b> (V)	<b>£4.95</b>
<b>Katlamma</b>	<b>£3.95</b>	<b>Chicken Puree</b>	<b>£5.95</b>
Flat fried pastry with a minced steak filling			
<b>Pakora</b> (portion) (V)	<b>£3.95</b>	<b>Prawn Cocktail</b>	<b>£4.25</b>
<b>Chicken Pakora</b> (portion)	<b>£4.40</b>	<b>Chicken Tikka Puree</b>	<b>£5.95</b>
<b>Fish Pakora</b> (portion)	<b>£5.50</b>	<b>King Prawn Puree</b>	<b>£8.95</b>
<b>Nargis Kebab</b>	<b>£5.50</b>	<b>Mixed Grill</b>	<b>£10.95</b>
<b>Onion Bhaji</b> (2 per portion) (V)	<b>£3.95</b>	Three pieces of Mutton Tikka & Chicken Tikka, two pieces of Chicken Pakora and one Sheek Kebab. Served with a salad	
<b>Tandoori Chicken</b>	<b>£5.95</b>	<b>Garlic King Prawns</b>	<b>£7.95</b>
Spring Chicken breast on the bone roasted in a clay oven			
<b>Chicken Tikka</b> (Portion)	<b>£5.25</b>	<b>Garlic Tiger King Prawns</b>	<b>£9.95</b>
Pieces of Chicken Breast off the bone, lightly spiced & grilled			
<b>Garlic Chicken Tikka</b>	<b>£5.60</b>	<b>Tandoori King Prawn</b>	<b>£7.95</b>
<b>Cheese Chicken Tikka</b>	<b>£5.95</b>	<b>Garlic Mushrooms</b> (V)	<b>£3.95</b>
		<b>Chicken Chaat</b>	<b>£5.95</b>
		<b>Salad</b> (V)	<b>£1.50</b>
		Fresh Tomatoes & Cucumber with Crispy Lettuce	

## Grilled Sizzlers

<b>Mix Special Sizzler</b>	<b>£13.95</b>	<b>Mixed Plater for Two</b>	<b>£14.95</b>
Consists of Chicken Tikka, Mutton Tikka, Tandoori King Prawn & Sheek Kebab			
<b>Sizzling Mix Grill</b>	<b>£12.95</b>	<b>Vegeterian Plater</b>	<b>£9.95</b>
Consists of Chicken Tikka, Mutton Tikka, 2 Sheek Kebab served with salad			
<b>Sheek Kebab Sizzler</b>	<b>£6.95</b>	<b>Mali Sizzler</b>	<b>£12.95</b>
Consists of 2 Sheek Kebab			
<b>Meat Shashlik</b>	<b>£7.50</b>	An asontment of Onion Bhaji, Vegetable Samosa, Veg Pakora & Paneer Tikka	
<b>Paneer Shashlik</b> (V)	<b>£5.95</b>	Combination of Chicken Tikka, Mutton Tikka and Garlic Mushrooms	
<b>Mix Shashlik</b> (Meat & Chicken)	<b>£9.95</b>	<b>Chicken Tikka Sizzler</b>	<b>£6.95</b>
		<b>Chicken Tikka Shashlik</b>	<b>£6.95</b>

## Balti Chicken Dishes

All Chicken dishes are breast off the bone shredded Chicken (Pulled Chicken). Also available in pieces (chunks) please ask.

<b>Chicken</b>	<b>£8.95</b>
<b>Chicken &amp; Mushroom</b>	<b>£9.70</b>
<b>Chicken &amp; Prawn</b>	<b>£11.20</b>
<b>Chicken Jalfrezi</b>	<b>£9.70</b>
<b>Chicken &amp; Vegetable</b>	<b>£9.70</b>
<b>Chicken &amp; Dall</b>	<b>£9.70</b>
<b>Chicken, Egg &amp; Jalfrezi</b>	<b>£10.95</b>
<b>Chicken, Mushroom &amp; Spinach</b>	<b>£10.95</b>
<b>Chicken &amp; Spinach</b>	<b>£9.70</b>
<b>Chicken &amp; Cauliflower</b>	<b>£9.70</b>
<b>Chicken, Mushroom &amp; Jalfrezi</b>	<b>£10.95</b>
<b>Chicken &amp; Aloo (Potato)</b>	<b>£9.70</b>
<b>Chicken &amp; Chana</b>	<b>£9.70</b>
<b>Chicken &amp; Egg</b>	<b>£9.70</b>
<b>Garlic Chilli Chicken</b>	<b>£10.95</b>
<b>Chicken Chilli Masala</b>	<b>£9.95</b>
<b>Chicken &amp; Paneer</b>	<b>£10.95</b>

## Balti Meat Dishes

<b>Meat</b>	<b>£9.95</b>
<b>Meat &amp; Mushroom</b>	<b>£10.80</b>
<b>Meat Jalfrezi</b>	<b>£10.80</b>
<b>Meat &amp; Vegetables</b>	<b>£10.80</b>
<b>Meat &amp; Cauliflower</b>	<b>£10.80</b>
<b>Meat &amp; Egg</b>	<b>£10.80</b>
<b>Meat &amp; Spinach</b>	<b>£10.80</b>
<b>Meat &amp; Dall</b>	<b>£10.80</b>
<b>Meat &amp; Aloo (Potato)</b>	<b>£10.80</b>
<b>Meat &amp; Spinach Jalfrezi</b>	<b>£11.20</b>
<b>Meat &amp; Okra (lady fingers)</b>	<b>£10.80</b>
<b>Mutton Tikka Masala</b>	<b>£10.80</b>
<b>Meat, Prawn &amp; Mushroom</b>	<b>£12.50</b>
<b>Meat &amp; King Prawn</b>	<b>£13.95</b>
<b>Meat Shashlik</b>	<b>£11.50</b>

### ALLERGENS & INTOLERANCES

PLEASE NOTE: You must inform us of any allergy or intolerance before ordering. Most of our dishes contain certain allergens.

Please enquire about your meal when ordering and we will be happy to advise you on your choices.

## Naan

<b>Tawa Chappati</b>	<b>£1.75</b>
<b>Tandoori Roti</b>	<b>£1.75</b>
<b>Naan</b>	<b>£2.75</b>
<b>Butter Naan</b>	<b>£2.75</b>
<b>Keema Naan</b>	<b>£4.50</b>
<b>Large Naan</b>	<b>£7.95</b>
<b>Medium Naan</b>	<b>£4.95</b>
<b>Garlic Naan</b>	<b>£3.40</b>
<b>Mushroom Naan</b>	<b>£3.40</b>
<b>Coriander Naan</b>	<b>£3.40</b>
<b>Peshawari Naan</b>	<b>£3.70</b>
<b>Onion Naan</b>	<b>£3.40</b>
<b>Cheese Naan</b>	<b>£3.95</b>
<b>Cheese &amp; Chilli Naan</b>	<b>£4.40</b>
<b>Cheese &amp; Onion Naan</b>	<b>£4.40</b>
<b>Cheese &amp; Garlic Naan</b>	<b>£4.40</b>
<b>Special Naan</b>	<b>£5.95</b>
<b>Paratha</b>	<b>£2.75</b>
<b>Chicken Tikka Naan</b>	<b>£3.95</b>
<b>Chicken Tikka &amp; Cheese Naan</b>	<b>£4.95</b>
<b>Cheese &amp; Keema Naan</b>	<b>£4.95</b>
<b>Paneer Naan</b>	<b>£3.95</b>

## English Dishes (Served with Salad)

<b>Cheese Omelette &amp; Chips</b>	<b>£9.95</b>
<b>Fried Chicken &amp; Chips</b>	<b>£8.95</b>
<b>Chicken Omelette &amp; Chips</b>	<b>£9.95</b>
<b>Mushroom Omelette &amp; Chips</b>	<b>£8.95</b>
<b>Prawn Omelette &amp; Chips</b>	<b>£10.95</b>
<b>Plain Omelette &amp; Chips</b>	<b>£8.95</b>
<b>Scampi &amp; Chips</b>	<b>£9.95</b>
<b>Chicken Nuggets &amp; Chips</b>	<b>£9.95</b>
Served with salad	
<b>Fish Fingers, Chips &amp; Beans</b>	<b>£9.95</b>

## Sundries

<b>Boiled Rice</b>	<b>£2.95</b>
<b>Fried Rice</b>	<b>£3.20</b>
<b>Pilau Rice</b>	<b>£3.40</b>
<b>Fried Rice &amp; Mushroom</b>	<b>£3.95</b>
<b>Pilau Rice &amp; Mushroom</b>	<b>£3.95</b>
<b>Egg Fried Rice</b>	<b>£4.20</b>
<b>Lemon Rice</b>	<b>£3.60</b>
<b>Lemon Chilly Rice</b>	<b>£3.95</b>
<b>Special Veg Rice</b>	<b>£4.40</b>
<b>Keema Rice</b>	<b>£4.60</b>
<b>Chicken Fried Rice</b>	<b>£4.60</b>
<b>Garlic Fried Rice</b>	<b>£3.95</b>
<b>Prawn Pilau Rice</b>	<b>£4.60</b>
<b>Pilau Rice with Peas</b>	<b>£3.95</b>
<b>Sweetcorn Pilau Rice</b>	<b>£3.95</b>
<b>Spinach Garlic Fried Rice</b>	<b>£4.60</b>
<b>Mushroom Egg Fried Rice</b>	<b>\$4.60</b>
<b>Coconut Rice</b>	<b>£3.60</b>
<b>Chilli Fried Rice</b>	<b>£3.60</b>
<b>Chicken Tikka Rice</b>	<b>£4.60</b>
<b>Stir-Fried Rice</b>	<b>£6.95</b>

With Chicken, Meat & Prawns

**Stir-fried Mushrooms** **£4.95**

Mushrooms tossed with onions & green peas

**Fried Mushroom** **£3.20**

**Chips** **£3.75**

**Masala Chips** **£4.25**

**Cheesy Chips** **£4.75**

**Raita** **£1.50**

(Cucumber, tomato, onion & mint in yogurt)

## Drinks

**Can** **£1.75**

Coke, Diet Coke, Pepsi, Pepsi Max, Rio, Dr Pepper, 7up, Fanta, Vimto.

**Orange Juice** **S-£1.75 L-£2.95**

**Apple Juice** **S-£1.75 L-£2.95**

**Pineapple Juice** **S-£1.75 L-£2.95**

## Artificial Colouring

Certain Indian food has been characterised by a distinctive vivid red colour and, indeed the most popular Chicken Tikka Masala would not appear the same if it wasn't presented with its familiar bright red coating. However, this colour is achieved by the use, or more likely the over-use of various artificial colouring agents which are not present in the original Indian Cuisine. Recent research has suggested that the over-use of some of these colourings could be harmful and has recommended that it used to be more carefully controlled. Mindful of the need to provide you with a healthy, tasty and wholesome meal cooked in a traditional style manner, we have decided to limit the use of artificial colourings in all our dishes.

We are sure that you will appreciate this health conscious move on our part for your benefit and also believe that you will taste the real flavour and ingredients as a result.



Biryani

All these dishes are served with a pot of veg curry

Meat Biryani	£11.95
Chicken Biryani	£10.95
Prawn Biryani	£11.95
King Prawn Biryani	£13.95
Vegetable Biryani ✓	£9.95
Chicken Tikka Biryani	£11.20
Special Biryani	£13.95
Mix Biryani	£15.95

Meat, Chicken, King Prawn, Mushroom and Omelette on Top

Curry Dishes

Meat Curry	£9.95
Chicken Curry	£8.95
Mince Curry	£8.95
Prawn Curry	£9.95
Chicken Tikka Curry	£9.95
King Prawn Curry	£11.95
Vegetable Curry ✓	£8.50
Curry Sauce	£4.95
Masala Sauce	£4.95
Korma Sauce	£4.95

KIDS INDIAN DISHES

Available From £6.95

Pure Vegetable Balti ✓

Dall Aloo	£8.50
Spinach Aloo	£8.50
Spinach, Aloo & Mushroom	£8.95
Mushroom	£8.50
Vegetable	£8.50
Tarka Dall	£8.50
Cauliflower & Chana	£8.50
Dall, Veg, Chana & Spinach	£9.95
Vegetable Masala	£8.95
Special Vegetable	£9.95
Delicately spiced vegetables cooked in an iron dish with extra garlic, juicy tomatoes & onions. Medium dish, served sizzling	
Paneer & Peas	£9.95
Paneer, Chana Chilly	£9.95
Aloo, Chana & Paneer	£10.20
Paneer Masala	£9.95

Side Dishes ✓

Plain Spinach	£4.95
Bombay Aloo	£4.95
Aloo Gobi	£5.95
Spinach Aloo	£5.95
Mushroom Chana	£5.95
Spinach Chana	£5.95
Tarka Dall	£5.95
Kidney Beans	£4.95
Spinach Paneer	£5.95
Okra (Bhindi)	£4.95
Keema Mutter (Mince & Peas, dry)	£6.95

Tandoori Main Course

All served with salad & chips or rice

Tandoori Chicken	£10.95
Chicken Tikka	£11.50
Garlic Chicken Tikka	£11.95
Cheese Chicken Tikka	£12.50
Lamb Tikka	£12.50
Tandoori Mixed Grill	£13.95
Chicken Shashlik	£12.95
Meat Shashlik	£13.95
Mix Shashlik Chicken & Meat	£14.95
Chicken Tikka Sizzler	£12.50
Paneer Shashlik	£10.95
Mix Special Sizzler	£16.50
Consists of Chicken Tikka, Mutton Tikka, Tandoori King Prawns & Sheek Kebab	
Sizzling Mix Grill	£14.95
Consists of Chicken Tikka, Mutton Tikka, 2 Sheek Kebab served with salad	
Sheek Kebab Sizzler	£10.95
Consists of 3 Sheek Kebab	

Balti Chicken Tikka Massala

Chicken Tikka Masala	£9.95
Chicken Tikka Masala & Mushroom	£10.60
Chicken Tikka Masala Jalfrezi	£10.60
Chicken Tikka Masala & Cauliflower	£10.60
Chicken Tikka Masala & Egg	£10.60
Chicken Tikka Masala Dall	£10.60
Chicken Tikka Masala Aloo	£10.60
Chicken Tikka Masala & Prawn	£11.95
Chicken Tikka Masala & Spinach	£10.60
Chicken Tikka Masala & King Prawn	£13.95
Chicken Tikka Masala & Tiger K. Prawn	£15.95

Balti Dupiaza

Chicken Tikka Dupiaza	£10.60
Meat Dupiaza	£10.60
Chicken Dupiaza	£9.60
Tandoori Chicken Dupiaza	£10.60
Prawn Dupiaza	£10.40
King Prawn Dupiaza	£12.40
Vegetable Dupiaza ✓	£8.95

Balti Chicken Tikka

Chicken Tikka	£9.95
Chicken Tikka & Mushroom	£10.60
Chicken Tikka Jalfrezi	£10.60
Chicken Tikka & Cauliflower	£10.60
Chicken Tikka & Egg	£10.60
Chicken Tikka Dall	£10.60
Chicken Tikka Aloo	£10.60
Chicken Tikka & Prawn	£11.95
Chicken Tikka & Spinach	£10.60
Chicken Tikka & Green Chilli	£10.60
Chicken Tikka & King Prawn	£13.95
Chicken Tikka & Tiger King Prawn	£15.95
Chicken Tikka & Keema	£11.20
Chicken Tikka Shashlik	£10.95

Balti Prawn Dishes

Prawn	£9.95
Prawn & Mushroom	£10.80
Prawn & Jalfrezi	£10.80
Prawn & Vegetables	£10.80
Prawn & Cauliflower	£10.80
Prawn & Egg	£10.80
Prawn & Spinach	£10.80
Prawn & Chana	£10.80
Prawn & Chicken Spinach	£11.95
Prawn Chilli Masala	£10.50
Fish	£10.50

Balti Dhansak

A sweet & sour dish, cooked with pineapple & lentils

Chicken Dhansak	£9.60
Prawn Dhansak	£10.60
King Prawn Dhansak	£12.40
Meat Dhansak	£10.60
Chicken Tikka Dhansak	£10.60
Tandoori Chicken Dhansak	£10.60
Vegetable Dhansak ✓	£8.95

ALLERGY ADVICE:

Some of our dishes may contain these 14 allergens.

If you have any allergies to these products please inform a member of staff before ordering.

We will do our best to advise you.



## Chef's Special Recommendation

### Royal Adeel Special Balti . . . . . £12.95

A dish consisting of Meat, Chicken, Prawn, Mince & Vegetables. A Royal Adeel Favourite. Medium spice.

### Royal Adeel Tropical Balti . . . . . £12.50

Tender Pieces of Meat & Chicken with Prawns, cooked in a medium spiced tropical balti sauce.

### Chef's Recommendation Balti . . . . . £14.95

Tender Pieces of Meat & Chicken Tikka with King Prawns, cooked in a medium spiced balti sauce.

### Taste of Royal Adeel . . . . . £16.95

This unique dish consists of King Prawn, Tiger Prawn, Chicken Tikka & tender Meat Pieces. Cooked in fresh herbs & spices. Medium strength with a distinctive taste.

### Chicken Makani . . . . . £10.95

A combination of Chicken Tikka in a base of masala sauce, garnished with a thick layer of Korma sauce, a mild sweet dish.

### Chicken Rezella . . . . . £11.50

Chicken Tikka cooked in a juicy sauce garnished with cheese on top, mild dish

### Chicken Passanda. . . . . £10.95

Diced Chicken Tikka marinated with fresh cream, natural yoghurt, ground nuts, almonds & Chef's special Passanda sauce. A mild dish.

### Special Butter Chicken. . . . . £10.95

Diced Chicken Tikka marinated & fried in butter, with ginger, garlic, almond & coconut. then added to rich creamy sauce A mild & slightly sweet dish.

### Balti Mango Chilli Chicken . . . . . £10.95

Chicken Tikka pieces cooked in a spicy sauce with mangoes and garnished with green chillies.

### Balti Naga. . . . . Chicken - £10.95 Meat - £11.95

A spicy dish cooked with Chicken Tikka or Meat with very hot naga pepper pickle sauce.

### Balti Bizarre . . . . . Chicken - £10.95 Meat - £11.95

A unique flavour created with Chicken Tikka or Meat cooked together with Aubergine, mushrooms boiled egg, fresh herbs and medium to hot spices.

### Omelette Toped Balti . . . . . Chicken Tikka- £10.95 Meat - £11.95

### Tandoori Murgh Masala. . . . . £11.95

Tender pieces of tandoori Chicken combined with minced Lamb & egg, cooked in a selection of spices in a thick sauce.

### Balti Mixed Jalfrezi. . . . . £13.95

Chicken Tikka, Meat, Prawn & Mushroom, cooked in Jalfrezi Sauce.

### Chicken Jaipuri. . . . . £10.95

Chicken Tikka cooked with potatoes, bay leaves, tamarin sauce, onions & tomatoes in a thick sauce

### Chicken or Meat Karahi . . . . . Chicken - £10.95 Meat - £11.95

Cooked with onions, tomatoes, ginger, herbs & spices.

### South Indian Garlic Chilli . . . . . Chicken - £10.95 Meat - £11.95

A slightly hot dish extensively prepared with fresh garlic & chillies.

### Tawa Balti. . . . . £13.95

Chicken Tikka, Mutton Tikka & Minced Meat.

### Achari Balti. . . . . £13.95

Chicken Tikka, Mutton Tikka cooked with mixed pickle.

### Garlic Bahar. . . . . £10.95

Tender Chicken Tikka first marinated in tandoori spice and cooked with fresh garlic & tomatoes with extra garlic toppings.

### Ceylon Balti. . . . . Chicken - £10.95 Meat - £11.95

Chicken Tikka or Meat, fairly hot like madras cooked with coconut powder in thick sauce with a touch of lemon juice to give a unique sour flavour.

### Balti Karahi Mix . . . . . £13.95

Tandoori Chicken, Chicken Tikka, Mutton Tikka & Mince.

### Cheese & Onion Balti . . . . . £11.50

Cooked with Chicken Tikka & Onions. Mild spiced topped with cheese

### Balti Malaya . . . . . £10.95

Chicken or Meat or Prawn. A mild dish cooked with mild spices and fresh cream .

## Balti Rogan Josh

Meat Rogan Josh	£10.60
Meat & Mushroom Rogan Josh	£11.50
Chicken Rogan Josh	£9.60
K. Prawn Mushroom Rogan Josh	£13.50
Prawn Rogan Josh	£10.60
Chicken Tikka Rogan Josh	£10.60
Tandoori Chicken Rogan Josh	£10.60
Vegetable Rogan Josh	£8.95

## Balti Korma

Chicken Korma	£9.60
Chicken Tikka Korma	£10.60
Meat Korma	£10.60
Prawn Korma	£10.60
King Prawn Korma	£12.40
Vegetable Korma	£8.95

## Balti Bhuna

Cooked with onions & tomatoes, finished with fresh coriander in a thick sauce

Chicken Bhuna	£9.60
Chicken Tikka Bhuna	£10.60
Meat Bhuna	£10.60
Prawn Bhuna	£10.60
King Prawn Bhuna	£12.40
Vegetable Bhuna	£8.95

## Balti Pathia

A hot, sweet & sour dish

Chicken Pathia	£9.60
Meat Pathia	£10.60
Chicken Tikka Pathia	£10.60
Tandoori Chicken Pathia	£10.60
Vegetable Pathia	£8.95

## Curry in Naan

Chicken Curry Naan	£12.95
Meat Curry Naan	£12.95
Chicken Tikka Masala Curry Naan	£12.95
Chicken Tikka Curry Naan	£12.95

## Balti King Prawn Dishes

King Prawn	£11.95
King Prawn & Mushroom	£12.80
King Prawn Chana	£12.80
King Prawn & Jalfrezi	£12.80
King Prawn & Spinach	£12.80
K. Prawn Masala & Mushroom	£12.95
King Prawn & Chicken	£13.95
King Prawn Masala, Chicken & Mushroom	£14.95
Tiger King Prawn	£13.95
Tiger King Prawn & Chicken	£14.95

## Balti Mince

Balti Mince	£8.95
Balti Mince & Mushroom	£9.70
Balti Mince Jalfrezi	£9.70
Balti Mince & Peas	£9.70
Balti Mince & Chana	£9.70

## Balti Tandoori

Tandoori Chicken	£9.95
Tandoori Chicken & Mushroom	£10.60
Tandoori Chicken & Spinach	£10.60
Tandoori Chicken & Jalfrezi	£10.60
Tandoori Chicken & Cauliflower	£10.60
Tandoori Chicken & Veg	£10.60
Tandoori Chicken & Aloo	£10.60
Tandoori Chicken & K. Prawn	£13.95

Dishes of your choice not listed on the menu can be prepared on request subject to availability of ingredients.

Madras, Vindaloo or Phall  
available for all dishes - 80p extra