

Since Royal Adeel opened in 1985, we have welcomed countless number of loyal customers through our doors. A testament to loyalty, and to our popularity throughout the Black Country was the award we received from Beacon Radio for being voted number one Balti Restaurant in the West Midlands.

Not only do we pride ourselves on serving high quality food but also the fact that we are sensitive to health issues. We use low fat oils in all our cooking and source the fresh produce available, ensuring you get a healthy balanced meal

All dishes are cooked in our cast iron Balti dishes and served sizzling hot.

Please be extremely careful when dinning with children

*All the staff at Royal Adeel welcome you.
Thank you for your custom*

ROYAL ADEEL

Established since 1985

BALTI RESTAURANT & TAKEAWAY

www.royaladeel.co.uk

Free Wi Fi Available
Free car park at front of the restaurant
Fully Air Conditioned

We accept all Major Debit/Credit Cards

Design & Print by NN Daya 0121 449 6757



Established since 1985

BALTI RESTAURANT & TAKEAWAY
PIONEERS OF BALTI



Starters

(Please ask if salad is required)

Poppadum (Lightly Spiced) (V)	£0.90	Mutton Tikka (Portion)	£6.50
Sheek Kebab (each)	£1.80	Tandoori Fish (Hake) contains bones	£6.50
Minced herbs & spices grilled on charcoal			
Samosa (Meat) (each)	£1.50	Prawn Puree	£5.95
Samosa (Vegetable) (each) (V)	£1.20	Aloo or Chana Chaat (V)	£4.95
Katlamma	£3.95	Chicken Puree	£5.95
Flat fried pastry with a minced steak filling			
Pakora (portion) (V)	£3.95	Prawn Cocktail	£4.25
Chicken Pakora (portion)	£4.40	Chicken Tikka Puree	£5.95
Fish Pakora (portion)	£5.50	King Prawn Puree	£8.95
Nargis Kebab	£5.50	Mixed Grill	£10.95
Three pieces of Mutton Tikka & Chicken Tikka, two pieces			
of Chicken Pakora and one Sheek Kebab. Served with a			
salad			
Onion Bhaji (2 per portion) (V)	£3.95	Garlic King Prawns	£7.95
Tandoori Chicken	£5.95	Garlic Tiger King Prawns	£9.95
Spring Chicken breast on the bone roasted in a clay oven			
Chicken Tikka (Portion)	£5.25	Tandoori King Prawn	£7.95
Pieces of Chicken Breast off the bone, lightly spiced &			
grilled			
Garlic Chicken Tikka	£5.60	Garlic Mushrooms (V)	£3.95
Cheese Chicken Tikka	£5.95	Chicken Chaat	£5.95
		Salad (V)	£1.50
		Fresh Tomatoes & Cucumber with Crispy Lettuce	

Grilled Sizzlers

Mix Special Sizzler	£13.95	Mixed Plater for Two	£14.95
Consists of Chicken Tikka, Mutton Tikka, Tandoori King		Chicken Tikka Sizzler, 2 Seekh kebabs, Fish Pakora	
Prawn & Sheek Kebab		& 2 onion Bhaji	
Sizzling Mix Grill	£12.95	Vegetarian Plater	£9.95
Consists of Chicken Tikka, Mutton Tikka, 2 Sheek Kebab		An asortment of Onion Bhaji, Vegetable Samosa,	
served with salad		Veg Pakora & Paneer Tikka	
Sheek Kebab Sizzler	£6.95	Mali Sizzler	£12.95
Consists of 2 Sheek Kebab		Combination of Chicken Tikka, Mutton Tikka and	
Meat Shashlik	£7.50	Garlic Mushrooms	
Paneer Shashlik (V)	£5.95	Chicken Tikka Sizzler	£6.95
Mix Shashlik (Meat & Chicken)	£9.95	Chicken Tikka Shashlik	£6.95

Balti Chicken Dishes

All Chicken dishes are breast off the bone shredded Chicken (Pulled Chicken). Also available in pieces (chunks) please ask.

Chicken	£8.95	Meat	£9.95
Chicken & Mushroom	£9.70	Meat & Mushroom	£10.80
Chicken & Prawn	£11.20	Meat Jalfrezi	£10.80
Chicken Jalfrezi	£9.70	Meat & Vegetables	£10.80
Chicken & Vegetable	£9.70	Meat & Cauliflower	£10.80
Chicken & Dall	£9.70	Meat & Egg	£10.80
Chicken, Egg & Jalfrezi	£10.95	Meat & Spinach	£10.80
Chicken, Mushroom & Spinach	£10.95	Meat & Dall	£10.80
Chicken & Spinach	£9.70	Meat & Aloo (Potato)	£10.80
Chicken & Cauliflower	£9.70	Meat & Spinach Jalfrezi	£11.20
Chicken, Mushroom & Jalfrezi	£10.95	Meat & Okra (lady fingers)	£10.80
Chicken & Aloo (Potato)	£9.70	Mutton Tikka Masala	£10.80
Chicken & Chana	£9.70	Meat, Prawn & Mushroom	£12.50
Chicken & Egg	£9.70	Meat & King Prawn	£13.95
Garlic Chilli Chicken	£10.95	Meat & King Prawn	£11.50
Chicken Chilli Masala	£9.95		
Chicken & Paneer	£10.95		

ALLERGENS & INTOLERANCES

PLEASE NOTE: You must inform us of any allergy or intolerance before ordering. Most of our dishes contain certain allergens.

Please enquire about your meal when ordering and we will be happy to advise you on your choices.

Naan

Tawa Chappati	£1.75	Boiled Rice	£2.95
Tandoori Roti	£1.75	Fried Rice	£3.20
Naan	£2.75	Pilau Rice	£3.40
Butter Naan	£2.75	Fried Rice & Mushroom	£3.95
Keema Naan	£4.50	Pilau Rice & Mushroom	£3.95
Large Naan	£7.95	Egg Fried Rice	£4.20
Medium Naan	£4.95	Lemon Rice	£3.60
Garlic Naan	£3.40	Lemon Chilly Rice	£3.95
Mushroom Naan	£3.40	Special Veg Rice	£4.40
Coriander Naan	£3.40	Keema Rice	£4.60
Peshawari Naan	£3.70	Chicken Fried Rice	£4.60
Onion Naan	£3.40	Garlic Fried Rice	£3.95
Cheese Naan	£3.95	Prawn Pilau Rice	£4.60
Cheese & Chilli Naan	£4.40	Pilau Rice with Peas	£3.95
Cheese & Onion Naan	£4.40	Sweetcorn Pilau Rice	£3.95
Cheese & Garlic Naan	£4.40	Spinach Garlic Fried Rice	£4.60
Special Naan	£5.95	Mushroom Egg Fried Rice	£4.60
Paratha	£2.75	Coconut Rice	£3.60
Chicken Tikka Naan	£3.95	Chilli Fried Rice	£3.60
Chicken Tikka & Cheese Naan	£4.95	Chicken Tikka Rice	£4.60
Cheese & Keema Naan	£4.95	Stir-Fried Rice	£6.95
Paneer Naan	£3.95	With Chicken, Meat & Prawns	
		Stir-fried Mushrooms	£4.95
		Mushrooms tossed with onions & green peas	

English Dishes (Served with Salad)

Cheese Omelette & Chips	£9.95	Fried Mushroom	£3.20
Fried Chicken & Chips	£8.95	Chips	£3.75
Chicken Omelette & Chips	£9.95	Masala Chips	£4.25
Mushroom Omelette & Chips	£8.95	Cheesy Chips	£4.75
Prawn Omelette & Chips	£10.95	Raita	£1.50
Plain Omelette & Chips	£8.95	(Cucumber, tomato, onion & mint in yogurt)	
Scampi & Chips	£9.95	Drinks	
Chicken Nuggets & Chips	£9.95	Can	£1.75
Served with salad		Coke, Diet Coke, Pepsi, Pepsi Max, Rio, Dr Pepper, 7up, Fanta, Vimto.	
Fish Fingers, Chips & Beans	£9.95	Orange Juice	S-£1.75 L-£2.95
		Apple Juice	S-£1.75 L-£2.95
		Pineapple Juice	S-£1.75 L-£2.95

Artificial Colouring

Certain Indian food has been characterised by a distinctive vivid red colour and, indeed the most popular Chicken Tikka Masala would not appear the same if it wasn't presented with its familiar bright red coating. However, this colour is achieved by the use, or more likely the over-use of various artificial colouring agents which are not present in the original Indian Cuisine. Recent research has suggested that the over-use of some of these colourings could be harmful and has recommended that it used to be more carefully controlled. Mindful of the need to provide you with a healthy, tasty and wholesome meal cooked in a traditional style manner, we have decided to limit the use of artificial colourings in all our dishes.

We are sure that you will appreciate this health conscious move on our part for your benefit and also believe that you will taste the real flavour and ingredients as a result.

Biryani

All these dishes are served with a pot of veg curry

Meat Biryani	£11.95
Chicken Biryani	£10.95
Prawn Biryani	£11.95
King Prawn Biryani	£13.95
Vegetable Biryani V	£9.95
Chicken Tikka Biryani	£11.20
Special Biryani	£13.95
Mix Biryani	£15.95

Meat, Chicken, King Prawn, Mushroom and Omelette on Top

Curry Dishes

Meat Curry	£9.95
Chicken Curry	£8.95
Mince Curry	£8.95
Prawn Curry	£9.95
Chicken Tikka Curry	£9.95
King Prawn Curry	£11.95
Vegetable Curry V	£8.50
Curry Sauce	£4.95
Masala Sauce	£4.95
Korma Sauce	£4.95

KIDS INDIAN DISHES

Available From	£6.95
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Pure Vegetable Balti **V**

Dall Aloo	£8.50
Spinach Aloo	£8.50
Spinach, Aloo & Mushroom	£8.95
Mushroom	£8.50
Vegetable	£8.50
Tarka Dall	£8.50
Cauliflower & Chana	£8.50
Dall, Veg, Chana & Spinach	£9.95
Vegetable Masala	£8.95
Special Vegetable	£9.95
Delicately spiced vegetables cooked in an iron dish with extra garlic, juicy tomatoes & onions. Medium dish, served sizzling	
Paneer & Peas	£9.95
Paneer, Chana Chilly	£9.95
Aloo, Chana & Paneer	£10.20
Paneer Masala	£9.95

Side Dishes **V**

Plain Spinach	£4.95
Bombay Aloo	£4.95
Aloo Gobi	£5.95
Spinach Aloo	£5.95
Mushroom Chana	£5.95
Spinach Chana	£5.95
Tarka Dall	£5.95
Kidney Beans	£4.95
Spinach Paneer	£5.95
Okra (Bhindi)	£4.95
Keema Mutter (Mince & Peas, dry)	£6.95

Tandoori Main Course

All served with salad & chips or rice

Tandoori Chicken	£10.95
Chicken Tikka	£11.50
Garlic Chicken Tikka	£11.95
Cheese Chicken Tikka	£12.50
Lamb Tikka	£12.50
Tandoori Mixed Grill	£13.95
Chicken Shashlik	£12.95
Meat Shashlik	£13.95
Mix Shashlik Chicken & Meat	£14.95
Chicken Tikka Sizzler	£12.50
Paneer Shashlik	£10.95
Mix Special Sizzler	£16.50
Consists of Chicken Tikka, Mutton Tikka, Tandoori King Prawns & Sheek Kebab	
Sizzling Mix Grill	£14.95
Consists of Chicken Tikka, Mutton Tikka, 2 Sheek Kebab served with salad	
Sheek Kebab Sizzler	£10.95
Consists of 3 Sheek Kebab	

Balti Chicken Tikka Massala

Chicken Tikka Masala	£9.95
Chicken Tikka Masala & Mushroom	£10.60
Chicken Tikka Masala Jalfrezi	£10.60
Chicken Tikka Masala & Cauliflower	£10.60
Chicken Tikka Masala & Egg	£10.60
Chicken Tikka Masala Dall	£10.60
Chicken Tikka Masala Aloo	£10.60
Chicken Tikka Masala & Prawn	£11.95
Chicken Tikka Masala & Spinach	£10.60
Chicken Tikka Masala & King Prawn	£13.95
Chicken Tikka Masala & Tiger K. Prawn	£15.95

Balti Dupiaza

Chicken Tikka Dupiaza	£10.60
Meat Dupiaza	£10.60
Chicken Dupiaza	£9.60
Tandoori Chicken Dupiaza	£10.60
Prawn Dupiaza	£10.40
King Prawn Dupiaza	£12.40
Vegetable Dupiaza V	£8.95

Balti Chicken Tikka

Chicken Tikka	£9.95
Chicken Tikka & Mushroom	£10.60
Chicken Tikka Jalfrezi	£10.60
Chicken Tikka & Cauliflower	£10.60
Chicken Tikka & Egg	£10.60
Chicken Tikka Dall	£10.60
Chicken Tikka Aloo	£10.60
Chicken Tikka & Prawn	£11.95
Chicken Tikka & Spinach	£10.60
Chicken Tikka & Green Chilli	£10.60
Chicken Tikka & King Prawn	£13.95
Chicken Tikka & Tiger King Prawn	£15.95
Chicken Tikka & Keema	£11.20
Chicken Tikka Shashlik	£10.95

Balti Prawn Dishes

Prawn	£9.95
Prawn & Mushroom	£10.80
Prawn & Jalfrezi	£10.80
Prawn & Vegetables	£10.80
Prawn & Cauliflower	£10.80
Prawn & Egg	£10.80
Prawn & Spinach	£10.80
Prawn & Chana	£10.80
Prawn & Chicken Spinach	£11.95
Prawn Chilli Masala	£10.50
Fish	£10.50

Balti Dhansak

A sweet & sour dish, cooked with pineapple & lentils	
Chicken Dhansak	£9.60
Prawn Dhansak	£10.60
King Prawn Dhansak	£12.40
Meat Dhansak	£10.60
Chicken Tikka Dhansak	£10.60
Tandoori Chicken Dhansak	£10.60
Vegetable Dhansak V	£8.95



If you have any allergies to these products please inform a member of staff before ordering.



We will do our best to advise you.



All these dishes are served with a pot of veg curry

Chef's Special Recommendation

Royal Adeel Special Balti	£12.95
A dish consisting of Meat, Chicken, Prawn, Mince & Vegetables. A Royal Adeel Favourite. Medium spice.	
Royal Adeel Tropical Balti	£12.50
Tender Pieces of Meat & Chicken with Prawns, cooked in a medium spiced tropical balti sauce.	
Chef's Recommendation Balti	£14.95
Tender Pieces of Meat & Chicken Tikka with King Prawns, cooked in a medium spiced balti sauce.	
Taste of Royal Adeel	£16.95
This unique dish consists of King Prawn, Tiger Prawn, Chicken Tikka & tender Meat Pieces. Cooked in fresh herbs & spices. Medium strength with a distinctive taste.	
Chicken Makani	£10.95
A combination of Chicken Tikka in a base of masala sauce, garnished with a thick layer of Korma sauce, a mild sweet dish.	
Chicken Rezella	£11.50
Chicken Tikka cooked in a juicy sauce garnished with cheese on top, mild dish	
Chicken Passanda	£10.95
Diced Chicken Tikka marinated with fresh cream, natural yoghurt, ground nuts, almonds & Chef's special Passanda sauce. A mild dish.	
Special Butter Chicken	£10.95
Diced Chicken Tikka marinated & fried in butter, with ginger, garlic, almond & coconut. then added to rich creamy sauce A mild & slightly sweet dish.	
Balti Mango Chilli Chicken	£10.95
Chicken Tikka pieces cooked in a spicy sauce with mangoes and garnished with green chillies.	
Balti Naga	Chicken - £10.95 Meat - £11.95
A spicy dish cooked with Chicken Tikka or Meat with very hot naga pepper pickle sauce.	
Balti Bizarre	Chicken - £10.95 Meat - £11.95
A unique flavour created with Chicken Tikka or Meat cooked together with Aubergine, mushrooms boiled egg, fresh herbs and medium to hot spices.	
Omelette Toped Balti	Chicken Tikka- £10.95 Meat - £11.95
Tandoori Murgh Masala	£11.95
Tender pieces of tandoori Chicken combined with minced Lamb & egg, cooked in a selection of spices in a thick sauce.	
Balti Mixed Jalfrezi	£13.95
Chicken Tikka, Meat, Prawn & Mushroom, cooked in Jalfrezi Sauce.	
Chicken Jaipuri	£10.95
Chicken Tikka cooked with potatoes, bay leaves, tamarind sauce, onions & tomatoes in a thick sauce	
Chicken or Meat Karahi	Chicken - £10.95 Meat - £11.95
Cooked with onions, tomatoes, ginger, herbs & spices.	
South Indian Garlic Chilli	Chicken - £10.95 Meat - £11.95
A slightly hot dish extensively prepared with fresh garlic & chillies.	
Tawa Balti	£13.95
Chicken Tikka, Mutton Tikka & Minced Meat.	
Achari Balti	£13.95
Chicken Tikka, Mutton Tikka cooked with mixed pickle.	
Garlic Bahar	£10.95
Tender Chicken Tikka first marinated in tandoori spice and cooked with fresh garlic & tomatoes with extra garlic toppings.	
Ceylon Balti	Chicken - £10.95 Meat - £11.95
Chicken Tikka or Meat, fairly hot like madras cooked with coconut powder in thick sauce with a touch of lemon juice to give a unique sour flavour.	
Balti Karahi Mix	£13.95
Tandoori Chicken, Chicken Tikka, Mutton Tikka & Mince.	
Cheese & Onion Balti	£11.50
Cooked with Chicken Tikka & Onions. Mild spiced topped with cheese	
Balti Malaya	£10.95
Chicken or Meat or Prawn. A mild dish cooked with mild spices and fresh cream.	

Balti Rogan Josh

Meat Rogan Josh	£10.60
Meat & Mushroom Rogan Josh	£11.50
Chicken Rogan Josh	£9.60
K. Prawn Mushroom Rogan Josh	£13.50
Prawn Rogan Josh	£10.60
Chicken Tikka Rogan Josh	£10.60
Tandoori Chicken Rogan Josh	£10.60
Vegetable Rogan Josh 	£8.95

Balti Korma

Chicken Korma	£9.60
Chicken Tikka Korma	£10.60
Meat Korma	£10.60
Prawn Korma	£10.60
King Prawn Korma	£12.40
Vegetable Korma 	£8.95

Balti Bhuna

Cooked with onions & tomatoes, finished with fresh coriander in a thick sauce

Chicken Bhuna	£9.60
Chicken Tikka Bhuna	£10.60
Meat Bhuna	£10.60
Prawn Bhuna	£10.60
King Prawn Bhuna	£12.40
Vegetable Bhuna 	£8.95

Balti Pathia

A hot, sweet & sour dish	
Chicken Pathia	£9.60
Meat Pathia	£10.60
Chicken Tikka Pathia	£10.60
Tandoori Chicken Pathia	£10.60
Vegetable Pathia 	£8.95

Curry in Naan

Chicken Curry Naan	£12.95
Meat Curry Naan	£12.95
Chicken Tikka Masala Curry Naan	£12.95
Chicken Tikka Curry Naan	£12.95

Balti King Prawn Dishes

King Prawn	£11.95
King Prawn & Mushroom	£12.80
King Prawn Chana	£12.80
King Prawn & Jalfrezi	£12.80
King Prawn & Spinach	£12.80
K. Prawn Masala & Mushroom	£12.95
King Prawn & Chicken	£13.95
King Prawn Masala, Chicken & Mushroom	£14.95
Tiger King Prawn	£13.95
Tiger King Prawn & Chicken	£14.95

Balti Mince

Balti Mince	£8.95
Balti Mince & Mushroom	£9.70
Balti Mince Jalfrezi	£9.70
Balti Mince & Peas	£9.70
Balti Mince & Chana	£9.70

Balti Tandoori

Tandoori Chicken	£9.95
Tandoori Chicken & Mushroom	£10.60
Tandoori Chicken & Spinach	£10.60
Tandoori Chicken & Jalfrezi	£10.60
Tandoori Chicken & Cauliflower	£10.60
Tandoori Chicken & Veg	£10.60
Tandoori Chicken & Aloo	£10.60
Tandoori Chicken & K. Prawn	£13.95

Dishes of your choice not listed on the menu can be prepared on request subject to availability of ingredients.

Madras, Vindaloo or Phall available for all dishes - 80p extra