

Established since 1985

BALTI RESTAURANT & TAKEAWAY
PIONEERS OF BALTI



Starters

Sheek Kebab (each)	£1.60	Chicken Tikka Shashlik	£5.95
Minced herbs & spices grilled on charcoal		Paneer Shashlik (V)	£4.95
Samosa (Meat) (each)	£1.20	Mix Shashlik (Meat & Chicken)	£8.95
Samosa (Vegetable) (each) (V)	£1.00		
Katlamma	£3.50	Aloo or Chana Chaat (V)	£4.50
Flat fried pastry with a minced steak filling	20.50	Chicken Puree	£4.95
Pakora (portion) (V)	£3.00	Chicken Tikka Sizzler	£5.95
Chicken Pakora (portion)	£3.95	Prawn Cocktail	£3.95
		Chicken Tikka Puree	£4.95
Fish Pakora (portion)	£4.50		
Nargis Keb <mark>ab</mark>	£4.50	King Prawn Puree	£7.95
Onion Bhaji (2 per portion) (V)	£3.00	Mixed Grill	£9.95
Tandoori Chicken	£4.95	Three pieces of Mutton Tikka & Chicken Tikka, to	
Spring Chicken breast roasted in a clay oven		of Chicken Pakora and one Sheek Kebab. Serve	d with a
Chicken Tikka (Portion)	£4.75	salad	
Pieces of Chicken Breast off the bone, lightly spic		Garlic King Prawns	£6.95
grilled		Garlic Tiger King Prawns	£8.95
Garlic Chicken Tikka	£4.95	Tandoori King Prawn	£6.95
Cheese Chicken Tikka	£5.50	Garlic Mushrooms (V)	£3.20
Mutton Tikka (Portion)	£5.50	Chicken Chaat	£4.95
Tandoori Fish (Hake)	£5.50	Salad (v)	£1.50
Prawn Puree	£4.95	Fresh Tomatoes & Cucumber with Crispy Lettuce	
Meat Shashlik	£6.50	Poppadum (Lightly Spiced) (V)	£0.90

Mix Special Sizzler £12.95

Consists of Chicken Tikka, Mutton Tikka, Tandoori King Prawn & Sheek Kebab

Sizzling Mix Grill £11.95

Consists of Chicken Tikka, Mutton Tikka, 2 Sheek Kebab served with salad

Mixed Plater for Two

£14.95

Chicken Tikka Sizzler, 2 Seek kebabs, Fish Pakora & 2 onion Bhaji

Vegeterian Plater

Balti Chicken Dishes

£9.95

An asontment of Onion Bhaji, Vegetable Samosa, Veg Pakora & Paneer Tikka

Balti Meat Dishes

baiti Meat Disnes		All Chicken dishes are breast off the bone shre	dded Chicken
		(Pulled Chicken). Also available in pieces (chun	
Meat	£8.95	Chicken	£7.95
Meat & Mushroom	£9.80	Chicken & Mushroom	£8.70
Meat Jalfrezi	£9.80	Chicken & Prawn	£10.20
Meat & Vegetables	£9.80	Chicken Jalfrezi	£8.70
Meat & Cauliflower	£9.80	Chicken & Vegetable	£8.70
		Chicken & Dall	£8.70
Meat & Egg	£9.80	Chicken, Egg & Jalfrezi	£9.95
Meat & Spinach	£9.80	Chicken, Mushroom & Spinach	£9.95
Meat & Dall	£9.80	Chicken & Spinach	£8.70
Meat & Aloo (Potato)	£9.80	Chicken & Cauliflower	£8.70
Meat & Spinach Jalfrezi	£10.20	Chicken, Mushroom & Jalfrezi	£9.95
Meat & Okra (lady fingers)	£9.80	Chicken & Aloo (Potato)	£8.70
		Chicken & Chana	£8.70
Mutton Tikka Masala	£9.80	Chicken & Egg	£8.70
Meat, Prawn & Musroom	£11.60	Garlic Chilli Chicken	£8.95
Meat & King Prawn	£12.95	Chicken Chilli Masala	£8.95
Meat Shashlik	£10.50	Chicken & Paneer	£9.20

ALLERGENS & INTOLERANCES

PLEASE NOTE: You must inform us of any allergy or intolerance before ordering. Most of our dishes contain certain allergens.

Please enquire about your meal when ordering and we will be happy to advise you on your choices.

Tandoori Main Course		Balti Chicken Tikka	
All served with salad & chips or rice		Chicken Tikka	£8.95
Tandoori Chicken	£10.50	Chicken Tikka & Mushroom	£9.60
Chicken Tikka	£10.95	Chicken Tikka Jalfrezi	£9.60
Garlic Chicken Tikka	£11.50	Chicken Tikka & Cauliflower	£9.60
Cheese Chicken Tikka	£11.95	Chicken Tikka & Egg	£9.60
Lamb Tikka	£11.95	Chicken Tikka Dall	£9.60
Tandoori Mixed Grill	£12.95	Chicken Tikka Aloo	£9.60
Chicken Shashlik	£11.95	Chicken Tikka & Prawn	£10.95
Meat Shashlik	£12.50	Chicken Tikka & Spinach	£9.60
Mix Shashlik Chicken & Meat	£13.95	Chicken Tikka & Green Chilli	£9.60
Chicken Tikka Sizzler	£11.95	Chicken Tikka & King Prawn	£12.95
Paneer Shashlik	£10.95	Chicken Tikka & Tiger King Prawn	£14.95
Mix Special Sizzler	£14.95	Chicken Tikka & Keema	£10.20
Consists of Chicken Tikka, Mutton Tikka, Tandoor Prawns & Sheek Kebab	ri King	Chicken Tikka Shashlik	£9.95
Balti Chicken Tikka Massala		Balti Prawn Dishes	
		Prawn	£8.95
Chicken Tikka Masala	£8.95	Prawn & Mushroom	£9.60
Chicken Tikka Masala & Mushroom	£9.60	Prawn & Jalfrezi	£9.60
Chicken Tikka Masala Jalfrezi	£9.60	Prawn & Vegetables	£9.60
Chicken Tikka Masala & Cauliflower	£9.60	Prawn & Cauliflower	£9.60
Chicken Tikka Masala & Egg	£9.60	Prawn & Egg	£9.60
Chicken Tikka Masala Dall	£9.60	Prawn & Spinach	£9.60
Chicken Tikka Masala Aloo	£9.60	Prawn & Chana	£9.60
Chicken Tikka Masala & Prawn	£10.95	Prawn & Chicken Spinach	£10.95
Chicken Tikka Masala & Spinach	£9.60	Prawn Chilli Masala	£9.60
Chicken Tikka Masala & King Prawn	£12.95	Fish	£9.50
Chicken Tikka Masala & Tiger K. Prawn	£14.95	11311	27.50
Balti Dupiaza		Balti Tandoori	
		Tandoori C <mark>hi</mark> cken	£8.95

Balti Dupiaza		Tandoori Chicken	£8.95
Chicken Tikka Dupiaza	£9.40	Tandoori Ch <mark>i</mark> cken & Mushroom	£9.60
Meat Dupiaza	£9.40	Tandoori Chicken & Spinach	£9.60
Chicken Dupiaza	£8.60	Tandoori Chicken & Jalfrezi	£9.60
Tandoori Chicken Dupiaza	£9.40	Tandoori Chi <mark>c</mark> ken & Cauliflower	£9.60
Prawn Dupiaza	£9.40	Tandoori Ch <mark>ic</mark> ken & Veg	£9.60
King Prawn Dupiaza	£11.20	Tandoori Chicken & Aloo	£9.60
V <mark>e</mark> getable Dupiaza ♥	£7.95	Tandoori Chicken & K. Prawn	£12.95









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Royal Adeel Special Balti	
Royal Adeel Tropical Balti	
Chef's Recommendation Balti	
Taste of Royal Adeel	
Chicken Makani	
Chicken Rezella£9.95 Chicken Tikka cooked in a juicy sauce garnished with cheese on top, mild dish	
Chicken Passanda£9.95 Diced Chicken Tikka marinated with fresh cream, natural yoghurt, ground nuts, almonds & Chef's special Passanda sauce. A mild dish.	
Special Butter Chicken£9.95 Diced Chicken Tikka marinated & fried in butter, with ginger, garlic, almond & coconut. then added to rich creamy sauce A mild & slightly sweet dish.	
Balti Mango Chilli Chicken	
Balti Naga	
Balti Bizarre	
Omelette Toped Balti	
Tandoori Murgh Masala	
Balti Mixed Jalfrezi	
Chicken Jaipuri£9.95 Chicken Tikka cooked with potatoes, bay leaves, tamarin sauce, onions & tomatoes in a thick sauce	
Chicken or Meat Karahi	
South Indian Garlic Chilli	
Tawa Balti £12.95 Chicken Tikka, Mutton Tikka & Minced Meat.	
Achari Balti£12.95 Chicken Tikka, Mutton Tikka cooked with mixed pickle.	
Garlic Bahar	
Ceylon Balti	
Balti Karahi Mix£12.95 Tandoori Chicken, Chicken Tikka, Mutton Tikka & Mince.	
Cheese & Onion Balti	
Balti Malaya	

Balti Rogan Josh		Balti King Prawn Dishes	
Meat Rogan Josh	£9.40	King Prawn	£10.95
Meat & Mushroom Rogan Josh	£9.95	King Prawn & Mushroom	£11.80
Chicken Rogan Josh	£8.60	King Prawn Chana	£11.80
K. Prawn Mushroom Rogan Josh	£12.50	King Prawn & Jalfrezi	£11.80
Prawn Rogan Josh	£9.40	King Prawn & Spinach	£11.80
Chicken Tikka Rogan Josh	£9.40	K. Prawn Masala & Mushroom	£11.95
Tandoori Chicken Rogan Josh	£9.40	King Prawn & Chicken	£12.95
Vegetable Rogan Josh ♥	£7.95	King Prawn Masala,	£13.95
vegetuble Roguli 30311 V	27.75	Chicken & Mushroom	
Balti Korma		Tiger King Prawn	£12.95
		Tiger King Prawn & Chicken	£13.95
Chicken Korma	08.8£		
Chicken Tikka Korma	£9.40	Balti Mince	
Meat Korma	£9.40	Dalli Mince	
Prawn Korma	£9.40	Balti Mince	£8.50
King Prawn Korma	£11.40	Balti Mince & Mushroom	£8.95
Vegetable Korma 🛡	£7.95	Balti Mince Jalfrezi	£8.95
		Balti Mince & Peas	£8.95
Balti Bhuna		Balti Mince & Chana	£8.95
Cooked with onions & tomatoes, finished with fresh coriander in a thick sauce			
Chicken Bhuna	03.8£		
Chicken Tikka Bhuna	£9.40	Balti Tandoori	
Meat Bhuna	£9.40	Tandoori Chicken	£8.95
Prawn Bhuna	£9.40	Tandoori Chicken & Mushroom	£9.60
King Prawn Bhuna	£11.40	Tandoori Chicken & Spinach	£9.60
Vegetable Bhuna V	£7.95	Tandoori Chicken & Jalfrezi	£9.60
vegetable bliotia	27.75	Tandoori Chicken & Cauliflower	£9.60
n ten de		Tandoori Chicken & Veg	£9.60
Balti Pathia		Tandoori Chicken & Aloo	£9.60
A hot, sweet & sour dish Chicken Pathia	£8.60	Tandoori Chicken & K. Prawn	£12.95
Meat Pathia	£9.40		
Chicken Tikka Pathia			
Tandoori Chicken Pathia	£9.40	Balti Dhansak	
	£9.40	A sweet & sour dish, cooked with pineapple	& lentils
Vegetable Pathia V	£7.95		
		Chicken Dhansak	08.8£
Curry in Naan		Prawn Dhansak	£9.40
		King Prawn Dhansak	£11.40
Chicken Curry Naan	£10.95	Meat Dhansak	£9.40
Meat Curry Naan	£10.95	Chicken Tikka Dhansak	£9.40
Chicken Tikka Masala Curry Naan	£10.95	Tandoori Chicken Dhansak	£9.40
Chicken Tikka Curry Naan	£10.95	Vegetable Dhansak 🛡	£7.95

Dishes of your choice not listed on the menu can be prepared on request subject to availability of ingredients.

Madras, Vindaloo or Phall available for all dishes - 80p extra

Biryani		Pure Vegetable Balti 🛮	
All these dishes are served with a pot of veg curry		Dall Aloo	£7.95
Meat Biryani	£10.95	Spinach Aloo	£7.95
Chicken Biryani	£9.95	Spinach, Aloo & Mushroom	£8.50
Prawn Biryani	£10.95	Mushroom	£7.50
King Prawn Biryani	£12.95	Vegetable	£7.95
Mince Biryani	£9.95	Tarka Dall	£7.95
Vegetable Biryani 🛡	£8.95	Cauliflower & Chana	£7.95
Chicken Tikka Biryani	£10.20	Dall, Veg, Chana & Spinach	£8.95
Special Biryani	£12.95	Vegetable Masala	£8.50
Mix Biryani	£14.95	Special Vegetable	£8.95
Meat, Chicken, King Prawn, Mushroom and Omelette on Top		Delicately spiced vegetables cooked in an iron dishextra garlic, juicy tomatoes & onions. Medium dishesizzling	n with
Curry Dishes		Paneer & Peas	£8.95
Meat Curry	£8.95	Paneer, Chana Chilly	£8.95
Chicken Curry	£7.95	Aloo, Chana & Paneer	£9.20
Mince Curry	£8.50	Paneer Masala	£8.95
Prawn Curry Chicken Tikka Curry	£8.95 £8.95	Side Dishes 0	
King Prawn Curry	£10.95	Plain Spinach	£4.50
Vegetable Curry ♥	£7.95	Bombay Aloo	£4.50
Curry Sauce	£4.95	Aloo Gobi	£4.95
Masala Sauce	£4.95	Spinach Aloo Mushroom Chana	£4.95
Korma Sauce	£4.95	Spinach Chana	£4.95 £4.95
Korina Saoce	⇔ ⊤./J	Tarka Dali	£4.95
KIDS INDIAN DISHES		Kidney Beans	£4.50
Available From	£6.95	Spinach Paneer Okra (Bhindi)	£4.50 £4.50



Naan		Sundries	
Tawa Chappati	£1.50	Boiled Rice	£2.60
Tandoori Roti	£1.50	Fried Rice	£2.95
Naan	£2.50	Pilau Rice	£3.20
Butter Naan	£2.50	Fried Rice & Mushroom	£3.60
Keema Naan	£4.50	Pilau Rice & Mushroom	£3.60
Large Naan	£7.95	Egg Fried Rice	£3.95
Medium Naan	£4.95	Lemon Rice	£3.60
Garlic Naan	£3.20	Lemon Chilly Rice	£3.95
Mushroom Naan	£3.20		£4.20
Coriander Naan	£3.20	Special Veg Rice	
Peshawari Naan	£3.50	Keema Rice	£4.40
Onion Naan	£3.20	Chicken Fried Rice	£4.40
Cheese Naan	£3.80	Garlic Fried Rice	£3.95
Cheese & Chilli Naan	£4.40	Prawn Pilau Rice	£4.95
Cheese & Onion Naan	£4.40	Pilau Rice with Peas	£3.95
Cheese & Garlic Naan	£4.40	Sweetcorn Pilau Rice	£3.95
Special Naan	£5.95	Coconut Rice	£3.60
Paratha	£2.50	Stir-fried Rice	£6.95
Chicken Tikka Naan	£3.95	With Chicken, Meat & Prawns	
Chicken Tikka & Cheese Naan	£4.60	Stir-fried Mushrooms	£4.95
Cheese & Keema Naan	£4.60	Mushrooms tossed with onions & green peas	
Paneer Naan	£3.95	Fried Mushroom	£2.95
		Chilli Fried Rice	£3.60
English Dishes		Chicken Tikka Rice	£4.40
Cheese Omelette & Chips	£8.95	Chips	£3.50
Fried Chicken & Chips	£8.50	Masala Chips	£3.95
Chicken Omelette & Chips	£8.95	Cheesy Chips	£4.50
Mushroom Omelette & Chips	£8.50	Raita (yogurt)	£1.50
Prawn Omelette & Chips	£9.95	Drink	
Plain Omelette & Chips	£7.95	Can	£1.50
	£9.95	Can	£1.5U
Scampi & Chips			
Chicken Nuggets & Chips	£8.95		

Artificial Colouring

Certain Indian food has been characterised by a distinctive vivid red colour and, indeed the most popular Chicken Tikka Masala would not appear the same if it wasn't presented with its familiar bright red coating. However, this colour is achieved by the use, or more likely the over-use of various artificial colouring agents which are not present in the original Indian Cuisine. Recent research has suggested that the over-use of some of these colourings could be harmful and has recommended that it used to be more carefully controlled. Mindful of the need to provide you with a healthy, tasty and wholesome meal cooked in a traditional style manner, we have decided to limit the use of artificial colourings in all our dishes.

We are sure that you will appreciate this health conscious move on our part for your benefit and also believe that you will taste the real flavour and ingredients as a result.

ALLERGY ADVICE: Some of our dishes may contain these 14 allergens. If you have any allergies to these products please inform a member of staff before ordering. We will do our best to advise you.





Since Royal Adeel opened in 1985, we have welcomed countless number of loyal customers through our doors. A testament to loyalty, and to our popularity throughout the Black Country was the award we received from Beacon Radio for being voted number one Balti Restaurant in the West Midlands.

Not only do we pride ourselves on serving high quality food but also the fact that we are sensitive to health issues. We use low fat oils in all our cooking and source the fresh produce available, ensuring you get a healthy balanced meal

All the staff at Royal Adeel welcome you.

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ROYAL ADEEL

Established since 1985

BALTI RESTAURANT & TAKEAWAY

www.royaladeel.co.uk

Free Wi Fi Available
Free car park at front of the restaurant
Fully Air Conditioned

We accept all Major Debit/Credit Cards

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